

Summary of Human Rights Violations and Abuses



For Human Rights and Social Jusitce
Publiced by
Informal Sector Service Centre
(INSEC)

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THE ISSUES OF SITUATION REPORT

Informal Sector Service Centre (INSEC) has prepared the issue of Human Rights Situation Report based on the data of human rights violation and abuse collected during January to March 2021. The representative case analysis and summary of the trend of human rights violation is presented in report for updating the status of human rights violation periodically. INSEC has been continuously monitoring and documenting the cases of human rights violation and abuse since 1992. Various reports and publications are produced based on the analysis of INSEC's human rights documentation. The Human Rights Situation Report, a quarterly publication of INSEC presents the analysis of the human rights violation and abuse and includes the follow-up of the cases from the previous quarter.

Situation report, a supporting document for Nepal Human Rights Year Book, has contributed in institutionalizing INSEC's documentation. Publications and dissemination of such documentation have largely contributed to the protection and promotion of human rights in Nepal. INSEC believes that the analysis of data and cases of human rights concerns will provide the guideline and inspiration to the individuals, society, and state for their necessary actions in protecting and promoting human rights.

Human rights documentation is institutionalized in INSEC as per the Nepal's international obligation to the human rights treaties and conventions, Universal Declaration of Human Rights and the Constitution of Nepal. For the smooth operation of the documentation works, INSEC has its district representatives in 77 districts and offices at seven provinces and central office in Kathmandu.

We expect that this publication will guide social organizations and stakeholders for the campaigns and advocacy in the days to come. In line with INSEC's commitment to advocate for legal, instrumental and institutional reform to ensure human rights, rule of law, democracy and social justice, the situation report is expected to serve as a resource document for scholars, human rights defenders, law enforcement agencies and victims. Furthermore, we request the readers for their constructive and critical feedback for its improvement.

INSEC has applied digitized technology in human rights violation case documentation as well as reporting. Situation report has been published by verifying data and case analysis in every quarter. The data documented in report has been updated and disseminated through the digital medium (hrvdata.insec.org.np). Mobile-app and web-based technology have been implemented to enter the cases of human rights violation and abuse which were collected through the primary case monitoring methodology. The data has been validated with stakeholders and law enforcement agencies. Data and case analysis are used in this publication. Likewise, the risk of COVID-19 has not decreased during this reporting period. The increment in numbers of infected population in Nepal and the higher number of infection in India brought severe challenges in normal working approach and modality. The pandemic has increased the pressure and risk in human rights documentation and monitoring.

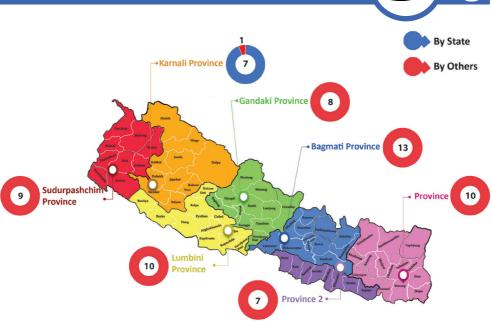
SUMMARY OF THE HUMAN RIGHTS SITUATION

From January to March 2021

he trend of human rights violation and abuse in Nepal has not improved significantly in the last three months. INSEC has documented 225 cases of human rights violation in which the state failed to protect and ensure the rights of the citizens. Similarly, 1,192 cases of human rights abuse are documented from January to March. Out of the total cases documented during the three months, 13% is from Province One, 8% from Province Two, 18% from Bagmati Province, 11% from Gandaki Province, 30% from Lumbini Province, 8% from Karnali Province and 12% from Sudur Paschim Province. INSEC's record shows that 74% of the cases are related to violence against women and girls. The status shows that there is urgency in improved response of the law enforcement agencies and social organizations' campaigns as well as the institutional arrangements for assuring the rule of law and human rights friendly governance.

During the first three months of 2021, INSEC has documented 1,417 victims of human rights violation and abuse in Nepal. INSEC documented 225 victims of human rights violation including 16 females. One hundred thirty victims including nine females were deprived from their right to assembly, 70 victims, including two females were arrested, eight victims were beaten, 11, including

Number of Killing Person (Provincial wise)



five females were treated inhumanely and one was threatened. There were two victims of injury. Likewise, during this period, one case of death in jail, one death after torture and one case of torture was documented.

INSEC has documented 1,192 victims of human rights abuse including 90 male and 1,102 females. According to its data, there were 64 victims of killing including 40 females. There were 716 victims of women rights violation and

321 victims of child rights violation including nine boys. There were eight victims of abduction including four females, three victims of caste-based discrimination and 39 victims of beating in which 11 were females.

VIOLENCE AGAINST CHILDREN

According to INSEC's documentation, in the first three months of 2021, 330 children, including nine boys, were victims of child rights violation

Number of Victim (Incident wise)

	By State			By Others			6 1
	Female	Male	Total	Female	Male	Total	Grand Total
Abduction				4	4	8	8
Arrest	2	68	70				70
Beating		8	8	11	28	39	47
Child Rights				321	9	330	330
Death in Jail		1	1				1
ESC Rights					5	5	5
Inhuman Behavior	5	6	11	2	4	6	17
Injured		2	2	8	13	21	23
Killing		1	1	40	24	64	65
Racial Discrimination					3	3	3
Right to Assembly	9	121	130				130
Threat		1	1				1
Torture		1	1				1
Women Rights				716		716	716
Grand Total	16	209	225	1102	90	1192	1417

Violence against Children (Province wise)





Types of Incident	Province 1	Province 2	Bagmati Province	Gandaki Province	Lumbini Province	Karnali Province	Sudurpashchim Province	Total
Traffcking	2	3	1		3	1	3	13
Child Marriage	1	1	2		1	2		7
Rape	34	26	64	18	54	14	5	215
Sexual Abuse	16	12	26	5	14	2	7	82
Corporal Punishment	1		1	7	3		1	13
Grand Total	54	42	94	30	75	19	16	320

across the country. According to the documented cases, 215 girls were raped while 82 children, including two boys, were sexually abused. Similarly, 13 girls were victims of trafficking; seven girls were victims of child marriage and 13 children including six girls were victims of corporal punishment.

ALL KINDS OF DISCRIMINATION AGAINST WOMEN

INSEC documented 716 victims of women rights violation in the first three months of 2021. According to

the documented cases, 141 women were victims of rape, 36 were victims of attempted rape and 20 were victims of sexual abuse. Similarly, 49 females were victims of trafficking and two were victims of attempted trafficking. There were five victims of witchcraft allegation, 48 were victims of polygamy and 415 were victims of domestic violence.

REPRESENTATIVE INCIDENTS OF HUMAN RIGHTS VIOLATION AND ABUSE

Death due to Torture

Jumla

Krishna Adhikari, 37, a policeman of the District Police Office. Jumla was accused of torturing Padam Budha. 13, of Gajyangkot in Guthichaur Rural Municipality-3 on January 31, 2021. The victim died due to his injuries from torture on February 17. Police had arrested Padam from his house on January 31 on the charge of stealing a mobile phone and kept him in the custody of the District Police Office. They had arrested seven people, including Padam, on January 31. While Padam was tortured in custody, six other suspects were released on the same day. Padam, who was undergoing treatment for swollen body after the torture, breathed his last on February 17 at Karnali Health Science Academy. After the meeting between the District Administration Office and the relatives of the victim on February 18, the DAO formed an investigation committee immediately, initiated provision of relief to the victim's family and committed to take action against the accused. After these assurances, the family received the body of the victim on February 20. A team of the investigation committee

headed by Deputy Secretary at the Ministry of Home Affairs, Madhav Prasad Dhungana reached Jumla on February 24 and started investigation of the incident. The committee consisted of SP Madhay Prasad Shrestha, Karnali Provincial Police Office of Surkhet and Chief Investigation Officer of the National Investigation Department, Dil Bahadur Chaudharv. The committee has not published the report till now. Chief District Officer Bhupendra Thapa said that the family of the victim did not receive relief till the first quarter of this year despite receiving information from the Ministry of Finance. The National Human Rights Commission (NHRC) said that Padam's legs were swollen, had bruises on his left leg and ankle due to beating and therefore died during treatment.

Injured in Blast

Siraha

Eight people, including beneficiaries and employees were injured when a pressure cooker bomb exploded at the Land Revenue Office in Lahan Municipality-8 on March 14, 2021. The injured identified as Shiva Kumar Yadav, 38, of Bishnupur Rural Municipality-3 is an employee of the office. The beneficiaries were identified as Badri Narayan Yadav, 54, of Bhagwanpur Rural Municipality-3. Dinesh Bhandari, 30, of Dhangadhimai Municipality-4, Laxmi Rana, 35, of Golbazar Municipality-6, Phul Kumari Thakur, 38, and Bechni Magar, 35, of Golbazar Municipality-4, Lal Babu BK. 45. of Lahan Municipality-16 and Bhola Bahadur Pache Magar, 82, of Dhangadhimai Municipality-13. They were treated at Ram Kumar Umaprasad Memorial Hospital and Saptarishi Hospital. However, Dinesh Bhandari

Number of Violence against Women (Provincial wise)





Types of Incident Attempt to Traffcking	Province 1	Province 2	Bagmati Province	Gandaki Province	Lumbini Province	Karnali Province	Sudurpashchim Province	Total 2
Domestic Violence	25	7	6	72	184	27	94	415
Allegation of Witchcraft		2	1		1	1		5
Polygamy	9	9	14	1	4	11		48
Rape	28	15	51	11	15	7	14	141
Attempt to Rape	13	6	6	2	8		1	36
Sexual Abuse	1	3	4	1	4	5	2	20
Trafficking	1	2	1		43		2	49
Grand Total	79	44	83	87	259	51	113	716

was airlifted to Kathmandu for further treatment, informed DSP Dr. Tapan Dahal of the Area Police Office.

The blast damaged office infrastructure. DSP Dahal of Area Police Office Lahan

informed that Ram Rijhan Yadav, 25, of Sukhipur Municipality-5 and Abhimanyu Giri, 26, of Laxmipur Patari Rural Municipality-3 were arrested on March 29 for their involvement in

the incident. According to DSP Dahal, Abhimanyu has been a member of the Janatantrik Mukti Morcha for the past five years. Both the accused have had a history of involvement in other similar bomb attacks in the past as well. Even though police arrested them earlier, they were released on bail.

ARREST

Morang

A case has been registered against 35 cadres of the then banned Communist Party of Nepal led by Netra Bikram Chand (Biplav) in the District Court of Morang on the charge of abducting and killing Rajendra Shrestha, 54, headmaster of Saraswati Basic School in Miklajung Rural Municipality-1 on December 8, 2020. The case was filed against the accused on February 15, 2021.

The case was filed against Netra Bikram Chand (Biplav) 53, of Lumbini, Kapilbastu Shivaraj Municipality-9, Khadga Bishwakarma Prasad (Prakanda) 52, of Narharinath Rural Municipality-6, Kalikot, Santosh Budhamagar (Bisham), 52, of Thawang Rural Municipality-1, Rolpa District, Deepak Chalaune, 42, of Jajarkot District, Dhan Bahadur BK, 35, of Madi Municipality-4, Sankhuwasabha District, Thaman Singh Rai (Pratap), 45, of Kerabari Rural Municipality-6, District, Chand Morang Bahadur Budhathoki (Shailesh), 41, of Sakela Rural Municipality-1, Sanjay Rai, 26, of Gauriganj Rural Municipality-1, Jhapa District, Pushpalal Chaulagai (Biwash), 46, of Shadananda Municipality-2, Bhojpur, Nabin Rai (Darshan), 33, of Shahid Bhumi Rural Municipality-1, Dhankuta. Bishal Magar (Darshan Thapa), 26, of Pakhribas Municipality-2,

Madhav Gautam (Akarsh) 54, of Urali Rural Municipality-5, Kavrepalanchowk district, Yuvaraj Rai (Uttar Kumar Rai), 30, of Sankhuwasabha District Municipality-4, Chainpur Kumar Rai (Bhim), 41, of Bhojpur District Tamkemyum Rural Municipality-7 Sanjiv Magar, 43, of Diprungchuichuma Rural Municipality-7 of Khotang District, Pemba Sherpa (Dawangnuru), 36, of Gaikharka, Mahakulung Rural Municipality-1, Solukhumbu District, Yogedra Basnet (Amat Sagar), 31 of Likh Rural Municipality-7, Okhaldhunga District, Uma Bhujel (Shilu), 42, of Ajirkot Rural Municipality-4, Gorkha District, Suman Singh Poudel, 30, of Damak Municipality-2, Jhapa District, Rakesh Rai (Balkumar Rai), 35, of Satang Rural Municipality-1, Solukhumbu District, Milan Rai (Chamsa), 25, of Ram Prasad Rai Municipality-2, Bhojpur, Basan Rai (Naati), 22, of Chainpur Municipality-4, Manoj Bhujel (Akhil), 22, of Mikwakhola Rural Municipality-4, Taplejung district, Sudam Lungkhimba Limbu (Lunga), 23 of Mikwakhala Rural Municipality-1 of Taplejung District, Umesh Khatri (26) of Pauwadungma Rural Municipality-3 of Bhojpur District, Purna Bahadur Limbu (Sangram), 29, of Mikwakhola Rural Municipality-5 of Taplejung District, Bikram Rai (Ashish) 24, of Dhankuta Municipality-1, Dhankuta Shreeman Rai (Birjum), 22, of Miklajung Rural Municipality-1, Morang District, Bishal Limbu, 25, of Mikwakhola Rural Municipality-1, **Taplejung** District, Sangam Aangdambe, 25, of Faktalung Rural Municipality-2, Anushka Rai, 24, of Rural Municipality-4 in Pauwadung, Bhojpur district, Hetu Sauden, 25, of Taplejung District, Jitman Rai (Mausam), 36, of Deumai Municipality-7 of Ilam district, Dambar Magar (Abhinash) 45, and Jitendra Mahara (Mahavir), 45, of Miklajung Rural Municipality-8.

Dhan Bahadur BK, 35, of Madi Municipality-4 of Sankhuwasabha district was arrested by police on January 20. Police have registered a case against him in the district court on February 15. He was remanded in custody for trial after the order of District Court Judge Kapil Mani Gautam on February 22. No action has been taken on the issue so far.

Kathmandu

Dharmendra Bastola, 57, of Panchapur Municipality-1 Surkhet and a member of the Central Secretariat of the then banned Communist Party of Nepal led by Netra Bikram Chand (Biplav) was rearrested from the premises of Supreme Court after he was released on February 22, 2021. Bastola was arrested by the police from Khurmi Bridge in Gimdi of Bagmati Rural Municipality-7 on January 13 and was kept in Nakkhu Jail in Lalitpur. He was handed over to Kavre Police on February 22 for further investigation. After a three-point agreement between the Government of Nepal and the banned Communist Party of Nepal, leader Bastola was released again from Kavre on March 5.

Saptari

Ramnath Mandal (Adarsh) 52, head of the NCP-Saptari Janasarkar and a resident of Banarjhulla in Khadak Municipality-3, Ram Krishna Mandal, 25, of Bishnupur Rural Municipality-1 and Udaynath Mandal (Uday) of Chinnamasta Rural Municipality were arrested on February 26, 2021. Police received information from various businessmen, office heads and people's representatives in Saptari district that they had been extorting the locals for some time. They were found with a letter of special financial support from

the Youth Organization Nepal, a letter of financial support from the All Nepal Women's Association Revolutionary, a pamphlet from the Central Committee of the All Nepal Farmers Federation, a pamphlet from the CPN-Saptari district on June 30, 2020. Police said that they have recovered four mobile phones used for soliciting donations including Nepal's ordinary membership card. The District Police Office registered a case of criminal activities against them in the District Court on February 28. After the government reached a threepoint agreement on lifting the ban on the activities of the CPN led by Netra Bikram Chand (Biplav) and agreed on releasing the leaders and activists, the three were released on March 5 after obtaining consent from the District Government Attorney's Office.

RIGHT TO ASSEMBLY, EXPRESSION AND ASSOCIATION

Kathmandu

On February 4, 2021, the Nepal Communist Party (NCP, Dahal-Nepal) protested against the dissolution of the House of Representatives and the revocation of appointments to various constitutional bodies by Prime Minister KP Sharma Oli on December 20, 2020. A total of 69 people, including NCP cadres, were arrested from different places. Among those arrested were Ashtalakshmi Shakva. Raiendra Pandey, Uddhav Gurung, Saroj Dawadi, Uttam Kumar Shrestha, Uttam Dawadi, Arjun Simkhada, Gopal Thapa, Nabaraj Amgain, Ril Gurung, Baburam Devkota, Sankalpa Shrestha, Milan Lama, Raj Kumar Tamang Bishal Sharma, Bikash Pariyar, Umesh Gurung, Samir Tamang, Uddhav Chaulagain, Rajesh Lama, Krishna KC, Rajan Gautam, Ramesh Tamang, Kiran Aryal, Manoj Adhikari, Umesh Bahadur BK, Mahesh Shrestha, Sudip Kharal, Tilak Ram Bhandari, Ramesh Malla and Madan Magar. Similarly, Tulsiram Neupane, Sameer Kharel, Binod Shahi, Khem Bahadur Shahi, Akash Khanal, Suren Timalsina, Dr. Bijay Poudel, Badukrishna Thapa, Sunil Basnet, Rupesh Budhathoki, Pradeep Bhandari, Sikma Subedi, Bishnu Bhattarai, Deepa Jaishi, Rabin Wagle, Divyajoti Oli, Keshar Pokhrel, Bishal Kumar Yogi, Amrita Thapa Magar, Shankar Dulal, Yogesh Poudel, Subhadra Bhujel, Anil Ranamagar, Shiva Pokhrel, Bijay Achhami, Mahesh Shrestha, Sagar Marasini, Kamala Gautam, Ananta Magrati, Sunil Bagle, Bhagwan Thapa, Umesh BK, Milan Tamang and Nabin Devkota were also arrested.

general public, From the locals including Bikash Pariyar, Bishal Sharma, Narayan Prasad Bhattarai and Dil Kumar Shrestha were arrested. All the arrested persons were kept at the Police Academy in Maharajgunj and were released on the same evening.

Dhanusha

During the general strike organized by the NCP (Dahal-Nepal) faction on February 4, 2021 for the revocation of appointments in the Dhanusha House of Representatives and the constitutional body, NCP Standing Committee members Matrika Yadav, 55, Ram Chandra Jha, 60, of Janakpurdham Sub-Metropolitan-4, Uday Kumar Yaday Barbaria, 29, head of Shaheed Municipality, Pradip Sah, 30, of Hansapur Municipality-4, Yadav, of Sabaila Kariram 52, Municipality-2, Janakpurdham Submetropolitan Umesh Kumar Sah, 51, of Pethiyagachhi-6, Shiva Kumar Goit, 36, of Bideh Municipality-4,

Thadi and Suresh Kapar, 44, of Shahid Municipality-5, Pachaharwa, injured. The injured were treated at the Provincial Hospital, Janakpur. Among the injured, Matrika Yadav, Ram Chandra Jha and Uday Kumar Yadav received further treatment in Kathmandu. Lal Babu Rai, 32, a resident of Ramnagar Municipality-1 of Sarlahi District who was delegated at District Police Office, Dhanusha was also injured in the clash. Police arrested Aparajaya Mandal of Shahid Municipality-6 Harbara, Birju Biraji, 50, of Shahid Municipality-8 Bisharbhora, Rupesh Biraji, 30, of the same place, Sabhash Mandal, 30, of Shahid Municipality -6 Harbara. Ranjit Pandey, 28, of Thadi in Bideha Municipality-1 and detained at the District Police Office, Dhanusha.

JAIL AND DETENTION

Tanahu

Six people were injured in a clash between two groups of inmates at the District Jail, Tanahun on March 1, 2021. According to SP Arun Poudel of the District Police Office, Tanahun, inmates Kul Bahadur Tamang, Anup Thapa, Madhav Kandel, Dhan Bahadur Shahi, Deepak Darji and Gyan Bahadur BK were injured in the clash. After the clash, Tanahun's Chief District Officer Sagar Acharya and SP Arun Poudel of District Police Office reached the place of the incident. After the clash, 15 inmates were shifted to Bhimfedi Jail and 10 to Kaski Jail. The injured were treated at Damauli Hospital, said Chief District Officer Acharya.

Death in Custody

Dang

Nandaram Oli, 46, of Gangadev Rural

Municipality-3, Rolpa District and currently residing in Tulsipur Sub-Municipality-6, Dang, died in the custody of the Area Police Office, Tulsipur on February 21, 2021. He was arrested at 10 pm on February 20 after a complaint was registered against him by his second wife Preeti Oli, 34, for beating her under the influence of alcohol. A medical examination was conducted at Rapti Provincial Hospital on February 20 after his arrest. However, Parvati Oli, 39, the elder wife of the deceased, protested against the death of her husband, and claimed he died due to the negligence of police and his younger wife. A team of human rights activists, including INSEC district representative, met with the victim's family, detainees and police on February 22 to monitor the incident. After police agreed to investigate the incident, postmortem of the body was conducted on February 23 and handed over to the family on February 24.

CHILD RIGHTS

Baitadi

A complaint was lodged at the District Police Office, Baitadi on February 17, 2021 alleging that Bhagarathi Bhatta, 17, of Chadepani of Dogadakedar Rural Muncipality-7 was raped and killed by a 16-year-old boy in Labalek Community Forest of Chadepani. The postmortem of the body was conducted at the District Hospital on February 6, 2021. Police arrested the accused from his house on February 17. A case was registered against him in the District Court, Baitadi, on February 18. A bench of District Court, Baitadi, headed by Judge Tilak Karki sent the accused to the Juvenile Rehabilitation Centre, Doti District Police Office, on March 12. Bhatta's final rituals were carried out

by members of the local civil society on February 19 on the Mahakali River in Dasharathchanda Municipality-6.

Rupandehi

A complaint was filed at the Area Police Office, Butwal on January 16, 2021 against 22-year-old Ashish Pokharel of Butwal Sub-Metropolitan-13 Belbas for sexually abusing a five-year-old girl on January 13. Police arrested the accused from his house on January 16 and charged him for sexual abuse. Health checkup of the victim was conducted on January 14 at Lumbini Provincial Hospital, Butwal. A bench of Rupendehi District Court Judge Dhan Singh Mahara ordered to release the accused on bail amounting Rs. 100,000 on February 4.

ALL KINDS OF DISCRIMINATION AND VIOLENCE AGAINST WOMEN

Sankhuwasabha

A complaint was filed against Gokul Bhujel, 28, of Madi Municipality-4 at the District Police Office on January 11, 2021 accusing him of raping a 26-yearold woman with intellectual disability on January 9. The victim was examined at the Primary Health Centre, Chainpur on January 14, 2021. The accused was arrested by the police from Mandi Municipality-4 on January 12. A case of rape was registered against him in the district court on January 13. Judge Shanti Prasad Acharya of the district court convicted him on March 14 and sentenced him to seven years' imprisonment and fined him NRs. 200,000.

Dailekh

A complaint was filed against Sher Bahadur Bista, 71, at the District Police Office, Dailekh on February 7, 2021



in accusation of raping and killing Dil Kumari, 51, on February 6. According to DSP Anupam Shrestha of the District Police Office, Dil Kumari was raped and killed in a nearby forest at Chupra Bazaar. The postmortem of the body was conducted on February 7 at Dailekh Hospital. Although the accused had been absconding after the incident, after the investigation, the police registered a case through the government prosecutor's office at Dailekh District Court on March 1. According to the Court, the accused has been summoned to appear before the court for further proceedings in the case.

ALL KINDS OF CASTE-BASED DISCRIMINATION

Achham

complaint was filed against Lok Bahadur Bista, 52, and Prem Bahadur Bista, 22, of Kamal Bazaar Municipality-1 on February 19, 2021 at the District Police Office, Achham in accusation of discriminating Dane Kami, 56, on February 16. The accused were arrested from their house on the same day after the incident. A case was registered against them in the district court on March 8 through the Public Prosecutor's Office. On March 10 the district court ordered to release the accused on bail of NRs. 50,000 each.

ECONOMIC, SOCIAL AND CULTURAL RIGHTS

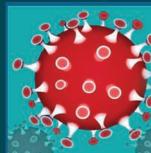
Dang

Pashupati Enterprises operated by Pramod Poudel, 52, of Tulsipur Sub-Metropolitan-6 was sealed after finding expired inedible pulses on January 13, 2021. During a joint visit of Tulsipur Sub-Metropolitan, Consumer Interest Protection Forum and Food Technology and Quality Control Office, it was found that 40 bags of 30 kg expired pulses were being sold. Food Technology and Quality Control Office instructed the office to collect the samples and send them to Nepalgunj for quality test. In the presence of the representatives of the Consumer Interest Protection Forum. Food Technology and Quality Control Office, Tulsipur Submetropolitan and Area Police Office, the pulses were destroyed at the dumping site on January 30.

MISBEHAVIOUR WITH HEALTH WORKERS

Banke

Shiva Subedi, 30, of Surkhet district was arrested from Bheri Hospital on February 1, 2021 on charges of abusing Dr. Bipin Acharya, 38, and other health workers at Bheri Hospital, Nepalguni. Human Rights activists from Nepal Bar Association, High Court Bar Association, District Bar Association, INSEC and other organizations drew attention to the incident through a press release on February 2. The statement said that some people, who called themselves social campaigners, entered into sensitive areas and carried out indecent activities and mistreated the health workers. During the monitoring it was found that some people suddenly came, took them out of the hospital and treated them indecently. The statement called for action to be taken against those involved in the scam. The accused was subjected to abusive behavior. He was released on a bail of NRs. 10,000 by the District Administration Office on February 5.



Let's Save Ourselves and Others from COVID-19.



Corona virus infection is increasing day by day. Rise in the increasing cases of the infection and deaths are aided by the negligence and carelessness of the citizens.



- I.The virus doesn't distinguish between small, big, rich, poor, politician, workers as such.
- 2.If you cannot save yourself, no one else can.

STAY CAUTIOUS



WHAT CAN BE DONE TO REMAIN SAFE?

- I.Do not go out of your house except when necessary.
- 2. Wear mask while walking outside.
- 3. Maintain distance of while talking to/meeting other people.
- 4. Wash your hands with soap and water for 20 seconds.
- 5.Drink hot water, herbal water, lemon water, herbal tea frequently and protect yourself from cold.
- 6.Stay physically active
- 7. Consult with the doctor or visit the hospital if you feel uneasy.





BECOME A RESPONSIBLE CITIZEN